

THE TEN MINUTE *Decluttering* CHECKLIST

- YOUR NIGHTSTAND
- COOKING UTENSILS
- YOUR WALLET
- BROKEN TOYS & GAMES WITH MISSING PIECES
- EXPIRED MEDICATIONS
- TUPPERWARE OR FOOD STORAGE WITHOUT LIDS
- EXPIRED FOOD IN YOUR FRIDGE
- OLD OR UNUSED SPICES
- OLD MAGAZINES
- PENS OR PENCILS THAT NO LONGER WORK
- BILLS TO RECYCLE, SHRED OR FILE
- DEAD BATTERIES & LIGHTERS
- EXCESS PLASTIC BAGS
- EXCESS RUBBER BANDS & TIE TWISTS
- TAKE-OUT SAUCE PACKETS
- KID'S CLOTHES OR YOUR CLOTHES THAT NO LONGER FIT
- SOCKS & GLOVES WITHOUT A MATCH
- ONE DRAWER